

1. Uniform

- 1.1 The Yin Yang Kumite uniform shall consist of a karate style **jacket and pants** made of cotton or synthetic fibers with fabric weight between ten and fourteen ounces. The fabric shall not be of a nature that inhibits the grasping of the jacket by the hands.
- 1.2 The uniform shall consist only of the following solid **colors** in any combination of jacket and pants: White, Black, Red, Blue.
- 1.3 The Uniform may include stockings and or light weight martial arts **footwear**.
- 1.4 The Uniform shall include a double wrap cotton **belt** snugly fitted about the Player's waist and knotted in front, below the navel. During practice, all Players should wear a solid colored white belt. Instructors, coaches and judges may wear a white belt with a black stripe running in the center of its entire length. During competitions, one player shall wear a solid colored blue belt (Blue Player) and one shall wear a solid colored red belt (Red Player).
- 1.5 No jewelry, metal, wooden or hard plastic items may be worn during practice or competition.
- 1.6 Uniform should be clean and pressed.
- 1.7 Nothing, including **patches**, shall be affixed to the uniform in such location or manner as to inhibit play.